

HOME TEAM

Play Card

One Team

BEST USE

As a fun family night activity with preschool and elementary school aged children

PURPOSE

To show how God designed marriage to be the union of one man and one woman who work together as one team under His guidance for life (Genesis 2:20–24) and that marriage requires mutual sacrifice, teamwork and compromise.

ADVANCE PREPARATION

Schedule a time to make sandwiches together for lunch or dinner. This can be as simple as peanut butter and jelly or as elaborate (i.e. a Dagwood sandwich) as you'd like. Have your Bible available.

PLAY ACTION

STEP ONE:

Tell your kids, "Today we will learn about how God designed marriage and how a healthy marriage works." Take two (if you only have one child you can invite a friend or one parent can do this activity with them) children and the twine as far away from the kitchen as possible. Have the two children stand side-by-side, with their inner arms around each other. Then tie their legs together (like a three-legged race). Remind them that they are not allowed to use their inner arms at any time during the activity.

PLAY ACTION (CONT'D):

STEP TWO:

Now that they are tied together, their first task is to race to the kitchen. Then they are to make a sandwich and pour a beverage. Remind them that they can each only use their outside arm. Next they are to cut the sandwich in half and feed it to the other person along with an occasional drink.

Note: Once they get to the kitchen, they'll have to figure out how to get any out-of-reach items. You'll want to encourage them to ask for your help to reach them.

STEP THREE:

When they are done, consider asking them these questions: What was it like being tied together? Was it easy to decide how to do things, like open the jelly jar or hold the cup without spilling on the other person? Could they do everything on their own?

STEP FOUR:

Read Genesis 2:20–24 and explain to your children that marriage is an incredible adventure that God intended for one man and one woman. When you get married, you no longer act alone, but are part of a team. But even as a team, you need help and guidance from God—like when you had to ask for help getting the peanut butter down. Just like you had to communicate to successfully accomplish today's activity, husbands and wives have to communicate in order to create a successful marriage. Part of this unique relationship involves taking care of the other person and thinking about their needs above your own.